

Pre School Minis Juniors Seniors Adults

### Monday Kingston Methodist Church

4.45 – 5.45	Pre-Vocational Ballet
5.50 – 6.50	Intermediate Foundation Ballet
6.50 – 7.20	Intermediate Foundation Pointe
7.25 – 7.55	Intermediate Pointe
7.55 – 8.55	Intermediate ballet

### Mondays Swinerton Hall

3.30 – 4.00	Street & Tap
4.00 – 4.45	Contemporary A
4.45 – 5.30	Junior Jazz
5.30 – 6.15	Intermediate modern coaching
6.15 – 7.00	Grade 6 Modern
7.00 – 7.45	Grade 5 Tap
7.45 – 8.30	Adult tap improvers
8.30 – 9.15	Adult tap beginners

### Tuesday Swinerton Hall

3.55 – 4.25	Reception Ballet
4.30 – 5.00	Pre Primary ballet
5.00 – 5.45	Advanced Foundation Ballet
5.45 – 6.15	Pointe
6.15 – 6.45	Intermediate Ballet coaching
6.45 – 7.30	Grade 6 Ballet
7.30 – 8.15	Grade 7 Ballet
8.15 – 9.00	Grade 8 Ballet

### Tuesday ZOOM

4.30 – 5.30	PBT & Stretch *zoom
7.00 – 7.45	Adult Dance Fitness *zoom

### Wednesday Swinerton Hall

9.45 – 10.15	Happy Toes 18 months- 3 years
10.25 – 10.45	Tappy Toes
10.45 – 11.15	Nursery Ballet 3 - 4 years

### Wednesday Swinerton Hall

4.00 – 4.30	exam coaching
4.30 – 5.15	Silver Jazz
5.15 – 6.00	Grade 4 Modern
6.00 – 6.45	Bronze Jazz
6.45 – 7.30	Grade 4 Tap
7.30 – 8.15	Intermediate modern
8.15 – 9.00	Intermediate Tap

### Wednesday John Hunt Room

4.00 – 4.30	exam coaching
4.30 – 5.15	Beginners Junior ballet
5.15 – 6.00	Grade 1 Ballet
6.00 – 6.45	Grade 2 Ballet
6.45 – 7.30	Teen ballet
7.30 – 8.00	exam coaching

### Thursday UR Church Twickenham Green

9.45 – 10.15	Happy Toes 18 months - 3 years
10.25 – 10.45	Tappy Toes
10.45 – 11.15	Nursery Ballet 3 - 4 years



SPRING TERM 2022

**DANCEFORCE**  
School of Dancing

### Thursday Swinerton Hall

4.00 – 4.45	Grade 1 Ballet
4.45 – 5.30	Intermediate Foundation Ballet
5.30 – 6.15	Grade 6 Ballet
6.15 – 6.45	Pointe
6.45 – 7.30	Grade 7 Ballet
7.30 – 8.15	Contemporary B
8.15 – 9.00	Grade 8 Ballet

### Friday Swinerton Hall

3.00 – 3.30	Nursery Ballet 3 – 4 years
3.45 – 4.15	Nursery Ballet 3 – 4 years
4.20 – 5.05	Grade 3 Ballet
5.05 – 5.20	Limbering
5.20 – 6.05	Grade 4 Ballet
6.05 – 6.50	Grade 5 Ballet
6.50 – 7.15	Pointe

### Saturday Swinerton Hall

9.00 – 9.30	Pre Primary Tap
9.30 – 10.00	Primary Modern
10.05 – 10.35	Primary Tap
10.35 – 11.05	Grade 1 Modern
11.05 – 11.45	Grade 1 Tap
11.45 – 12.30	Grade 2 Modern
12.30 – 1.15	Grade 2 Tap
1.15 – 2.00	Grade 3 Modern
2.10 – 2.55	Grade 3 Tap
2.55 – 3.40	Beginners Silver Jazz

### Saturday Forward House

8.45 – 9.15	Nursery Ballet
9.20 – 9.50	Reception Ballet
9.55 – 10.25	Pre Primary Ballet
10.30 – 11.15	Primary Ballet
11.20 – 12.05	Grade 1 Ballet
12.15 – 1.00	Grade 4 Ballet
1.05 – 1.50	Grade 2 Ballet
1.50 – 2.35	Grade 5 Ballet
2.45 – 3.30	Grade 3 Ballet
3.30 – 3.45	Exam coaching

### Saturday John Hunt Room

9.00 – 9.45	Grade 7 ballet exam coaching
9.50 – 10.20	Nursery Ballet
10.30 – 11.15	private lesson
11.15 – 11.45	private lesson
11.45 – 12.15	private lesson
12.15 – 3.00	exam coaching